

Take the Buy Local Challenge the last full week in July!

# SUPPORT SO. MARYLAND FARMS

It's good for you, your community and the planet!

#### Get a FRESH perspective at www.smadc.com.

The Southern Maryland Agricultural Development Commission (SMADC) has created many resources to help consumers find the Southern Maryland farms that fit their needs. Visit the new SMADC Web site to find out more...lt's easy to support local farms every day...

**Use So. Maryland, So Good resources.** Look for the SMSG logo where you shop and dine to find products grown on local farms. The SMSG Farm Guide and targeted mini-directories (available on-line or from participating farms) help you find the farms that fit your needs.

Take the annual Buy Local Challenge. During the last full week in July, pledge to eat at least one thing a day from a Southern Maryland farm

**Explore the Southern Maryland Trails.** Plan a family outing at one of the region's agritourism sites or find restaurants that feature farm fresh food. The Trails highlight farms, art studios and galleries, restaurants, lodgings and our region's spectacular natural areas. It's your source for all things hand made, home grown and authentically Southern Maryland.

There's so much more! If you're a farmer, or thinking about becoming one, SMADC's program, Maryland FarmLINK, has valuable resources for you, including a listing of land available to farmers. If you are an educator, SMADC's curriculum and learning resources for children featuring Cornelia and the Farm Band can help you teach kids about the value of farms.

Visit www.smadc.com to find out how your choices matter to your family, your community and the planet...

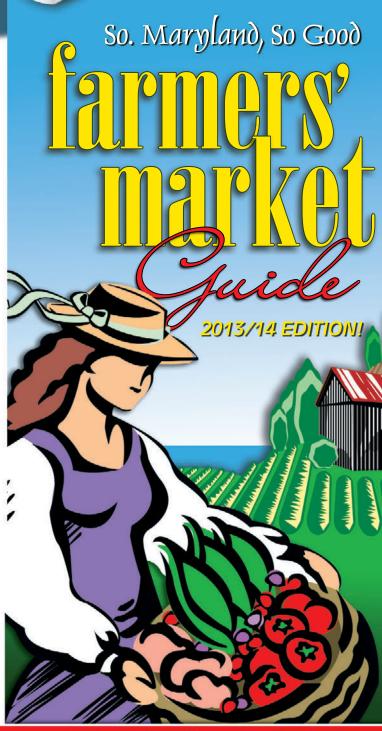


Southern Maryland Agricultural Development Commission (SMADC)
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info@smadc.com

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So. Maryland, So Good, Southern Maryland Trails, Buy Local Challenge, Maryland FarmLINK and Cornelia and the Farm Band are programs of SMADC.







# Support Southern Mar



## So. Maryland **Farmers' Markets**

#### ANNE ARUNDEL COUNTY



**Early April – Mid December:** Saturday, 7 a.m. – noon. Late May - Late October: Tuesday, 7 a.m. - noon. Located at the corner of Harry S. Truman Parkway and Riva Road in Annapolis.

#### Contact: Brenda Conti (410) 349-0317

theherbaltouchusa@earthlink.net www.aacofarmersmarket.com FMNP checks (WIC & Senior) and FVC accepted



**Early July – Late October:** Thursday, 3 p.m. - 6 p.m.Located in the Cedar Grove United Methodist Church parking lot, 5965 Deale-Churchton Road (across from Deale Library).

Contact: Gail Wilkerson (410) 867-4993

dukesgal86@aol.com www.aaedc.org

FMNP checks (WIC & Senior) and FVC accepted



Early June - Early September: Thursday, 3 p.m. -6 p.m. Located in the DNR parking lot off Taylor Avenue in Annapolis.

Contact: Lisa Barge (410) 222-7410

lbarge@aaedc.org www.aaedc.org

FMNP checks (WIC & Senior) and FVC accepted

\*BONUS DOLLARS - SMADC grant funds also allow participating markets to offer "double-dollars" to low-income customers who use federal benefits (FMNP, FVC, SNAP); a dollar-for-dollar match is offered for the amount they spend.

#### **Pinev Orchard Farmers' Market**

Late May - Late November: Wednesday, noon -4 p.m. (Thanksgiving - Special Market Day, call for details.) Located in the Piney Orchard Community and Visitor's Center parking lot on Stream Valley Drive off Route 170 in Odenton.

#### Manager: William Morris (410) 867-9162

william@deepcovefarms.com, www.aaedc.org FMNP checks (WIC & Senior) and FVC accepted



#### Severna Park Farmers' Market

Late April - Late October: Saturday, 8 a.m. - noon. Located in the park and ride lot on Jones Station Road and Ritchie Hwy (Route 2), Severna Park.

Manager: Anita Robertson (410) 924-3092

www.aaedc.org

FMNP checks (WIC & Senior) and FVC accepted



Winter Market: January - April: Every other Sunday, 10 a.m. - 2 p.m. Early May – Late October: Sunday, 10 a.m. – 2 p.m. Located at Westfield Annapolis Mall in the "orange" parking garage next to Macy's.

#### Contact: Brenda Conti (410) 349-0317

theherbaltouchusa@earthlink.net

www.aaedc.org

FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted Bonus dollars available for FMNP, FVC and SNAP while funds

#### CALVERT COUNTY



#### **Calvert County Farmers' Market**

Early May - Late November: Saturday, 7:30 a.m. noon. Located at the Calvert County Fairgrounds, 140 Calvert Fair Drive, Barstow.

#### Contact: Danita Boonchaisri (410) 535-4583

boonchdm@co.cal.md.us

FMNP checks (WIC & Senior) and FVC accepted

See the searchable directory at www.somarylandsogood.com



#### **Calvert Memorial Hospital Farmers' Market**

Early May - Late November: Tuesday, 3 p.m. -7 p.m. Located at parking lot adjacent to Route 4, 130 Hospital Road, Prince Frederick.

Contact: Danita Boonchaisri (410) 535-4583

boonchdm@co.cal.md.us

FMNP checks (WIC & Senior) and FVC accepted



#### **North Beach Friday Night** Farmers' Market

Early May - Early October: Friday, 6 p.m. - 9 p.m. Located on Bay Avenue, and 5th Street, across from North Beach Welcome Center.

Contact: Stacy Wilkerson (410) 257-9618.

(443) 624-3156

northbeach@northbeachmd.org www.northbeachmd.org FMNP checks (WIC & Senior) and FVC accepted



#### 10 Solomons Farmers' Market

**Early May - Mid November:** Thursday, 4 p.m. -8 p.m. Located at Solomons Riverwalk parking area, north of Pavilion, adjacent to Solomons Island Road.

Contact: Danita Boonchaisri (410) 535-4583

boonchdm@co.cal.md.us

FMNP checks (WIC & Senior) and FVC accepted

#### **CHARLES COUNTY**



#### La Plata Farmers' Market

**Year Round**: Saturday, 8 a.m. – 7 p.m., Wednesday, 8 a.m. – 6 p.m. Located in the courthouse/ Government Center parking lot off Washington Avenue and Charles Street.

Contact: Aaron Mosrie (301) 934-8421 x142

www.townoflaplata.org

FMNP checks (WIC & Senior) and FVC accepted

# Jami Farmers Markets!





#### **Waldorf Farmers' Market**

Early May - Mid December: Saturday, 9 a.m. -1 p.m., Wednesday, 11 a.m. - 3 p.m. Located at O'Donnell Street and St. Patrick's Drive in St. Charles, Find us on Facebook.com

Contact: Tina Faton (301) 934 8571

eatonc@ccso.us

FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted. \*Bonus dollars available for FMNP, FVC and SNAP while funds last.

#### PRINCE GEORGE'S COUNTY



#### (13) American Market at National Harbor

Early May - Late October: Saturday, 10 a.m. -4 p.m. Located on American Way (Waterfront and Fleet Streets), Oxon Hill.

Contact: Phyllicia Hatton (301) 910-8076 www.americanmarketnh.com

FMNP checks (WIC & Senior) and FVC accepted



#### **Bowie Farmers' Market**

Mid May - Late October: Sundays, 8 a.m. - noon. Located at 15200 Annapolis Road, near Bowie Center for the Performing Arts.

Contact: Matt Corley (301) 809-3078

mcorlev@citvofbowie.org www.cityofbowie.org



#### **Cheverly Community Market**

Early May - Late October: Every other Saturday, 8 a.m. - noon, Holiday Markets: Nov. 23rd and Dec. 14th, 8 a.m. - noon. Located in the parking lot at the Community Center, 6401 Forrest Road, Cheverly.

Managers: Liz O'Leary & Kathryn Andrews (202) 297-1016

manager@cheverlycommunitymarket.com www.cheverlycommunitymarket.com FMNP checks (WIC & Senior) and FVC accepted



## City Hall at College Park Farmers' Market

Mid April - Mid November: Sunday, 9 a.m. - 2 p.m. Located at the Market City Hall Parking Lot, 4500 Knox Road.

Manager: Kelly Morris (703) 237-9777

kelly@ksmmarketing.com

FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted



#### **College Park Farmers' Market**

Year Round: May - November: Saturday, 7 a.m.noon. Winter Market: December - April: Saturday, 9 a.m.- noon. Located on parking lot of Herbert Wells Ice Rink/Ellen Linson swimming pool, 5211 Paint Branch Parkway (across from the College Park Airport).

Manager: Phil Miller (301) 399-5485

smmiller64@aol.com

FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted



#### **Freedom Farmers' Market**

Late May - Late October: Wednesday, 2 p.m. -7 p.m. Located at 10905 Livingston Road, Fort Washington.

Contact: Amina Jones Law (301) 203-0619

farmersmarket@freedommanor.com FMNP checks (WIC & Senior) and FVC accepted



#### **Greenbelt Farmers' Market**

Mid May – Late November: Sunday, 10 a.m. - 2 p.m.(closed Labor Day weekend). Holiday Market: Dec. 8th from 11 a.m. – 2 p.m. Located in the Roosevelt Center parking lot.

Manager: Nancy Solomon (240) 476-8769

info@greenbeltfarmersmarket.org www.greenbeltfarmersmarket.org FMNP checks (WIC & Senior) and FVC accepted



#### **Hvattsville Farmers' Market**

Mid June - Late October: Tuesday, 2 p.m. - 6 p.m. Located at 3505 Hamilton Street, Hyattsville, Free cook books available on market days.

Manager: Peggy Campanella (301) 627-0977

FMNP checks (WIC & Senior) and FVC accepted.



#### (21) Laurel Farmers' Market

**Early June – Late October:** Thursday, 9 a.m. - 3 p.m.Located in the 300 block of Main Street.

Manager: Joe Tredway (301) 498-3988

jmtreds@yahoo.com

www.laurelboardoftrade.net

FMNP checks (WIC & Senior) and FVC accepted



#### Montpelier Farmers' Market

Mid June - Late August: 1st and 3rd Saturday, (starting June 15th), 9 a.m. – 1 p.m. Fall Market: **September – Early November:** Saturday, 9 a.m. - 1p.m. Located at Montpelier Farms, on Route 301 North, at 1720 Crain Highway, Upper Marlboro.

Contact: Shelby Watson (410) 320-0464

pgcornmaze@aol.com, www.montpelierfarms.com www.facebook.com/montpelierfarm

FMNP checks (WIC & Senior). FVC and EBT/SNAP accepted



#### **Our Local Bounty, St. Thomas Church Farmers' Market**

Early June - Late September: Saturday 8 a.m. noon. Located at the corner of Croom Road and St. Thomas Church Road, at 14300 St. Thomas Church Road, Upper Marlboro.

Manager: Jeff Colburn (301) 627-8469

ourlocalbounty@stthomascroom.org www.stthomascroom.org/ourlocalbounty FMNP checks (WIC & Senior) and FVC accepted

> Ask your market to carry local meats, wine and seafood!



#### **Riverdale Park Farmers' Market**

**Early April - Late November:** Thursday, 3 p.m. -7 p.m. Located in the MARC parking lot off Oueensbury Road in Riverdale.

Contact: James Coleman (301) 586-5973

rpkfarmmkt@gmail.com www.rpfarmersmarket.org

FMNP checks (WIC & Senior) and FVC accepted



# Support Southern Mar



#### **Suitland Farmers' Market**

Mid April - Early November: Tuesday, 3 p.m. -7 p.m. Located at Suitland Mini Park on Shadyside Avenue and Suitland Road, Suitland.

Contact: Jessica Weiss (301) 442-1600

farmersmarket@suitlandonline.us FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted



#### **USDA (Beltsville) Farmers' Market**

Late April - Late October: Thursday, 10 a.m. -2 p.m. Located in parking lot B on 5601 Sunnyside Avenue.

Contact: Carletha McGriff (301) 504-1776

carletha.mcgriff@dm.usda.gov FMNP checks (WIC & Senior) and FVC accepted

#### Contact: Abby Trossbach

homegrownfarmmarket@gmail.com www.homegrownfarmmarket.webs.com http://www.facebook.com/homegrownfarmmarket FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted. \*Bonus dollars available for FMNP, FVC and SNAP while funds

#### 30 North St. Mary's County Market

April - December: Monday - Saturday (daylight hours). Located in the Charlotte Hall Library parking lot at the corner of Route 5 and Route 6.

Manager: David Stoltzfus

FMNP checks (WIC & Senior) and FVC accepted

## ST. MARY'S COUNTY



#### **California Farmers' Market**

May - Late October: Saturday, 9 a.m. - 1 p.m.Located in the BAE parking lot on Route 235 and Town Creek Drive in California.

Contact: David Paulk (301) 247-1002

sassafrascreekfarm@gmail.com FMNP checks (WIC & Senior) and FVC accepted



# 28 Farmers' Market on the Square, Leonardtown

Early April - Late September: Friday, 11 a.m. -5 p.m. Located on Washington Street on the Square in Leonardtown.

**Contact: Commissioners of Leonardtown** (301) 475-9791, www.leonardtown.somd.com



#### **Home Grown Farm Market**

Spring Season: Late March - Mid June: Saturday, 9 a.m. - 1 p.m. Peak Season: Mid June - Late August: Tuesday, 9 a.m. -1 p.m., Thursday, 2 p.m. -6 p.m. and Saturday, 9 a.m. - 1 p.m. September 5 - November 2: Thursday, 2 p.m. – 6 p.m., Saturday, 9 a.m. – 1 p.m. Winter Season: Mid November - Late December: Saturday, 9 a.m. – 1 p.m. Located at 21078 Three Notch Road, Lexington Park.



## **SMADC and EBTs**

SMADC administration assistance and grants to willing farmers' markets in the region encourage the use of Electronic Benefits Transfer (EBT) machines to increase access of local, farm foods to families on federal nutritional assistance programs. EBT machines offer other benefits to markets: the general public can also use the EBT machines like an "ATM" machine with their credit card to purchase tokens to buy foods at the market. This potentially increases sales for farmers and makes the shopping experience for customers more satisfying.

BONUS DOLLARS: SMADC grant funds also allow participating markets to offer "double-dollars" to low-income customers who use federal benefits (FMNP, FVC, SNAP); a dollar-for-dollar match is offered for the amount they spend.

Find out more at www.smadc.com.

## **Wholesale Farmers' AUCTIONS**



#### Loveville Produce Auction

Produce auction for wholesale customers: Early February - Early December: Mondays at 11 a.m., Wednesday and Friday at 9 a.m. Fresh produce harvested daily from local farms, including bedding plants, flowers and hay. Produce and hay auction dates may vary according to product availability through the growing season.

These auction days are open to the public: **Spring Into Spring Home Auction:** 

Saturday, May 4 at 9 a.m.

Home and Harvest Auction:

Saturday, October 5 at 9 a.m.

**Pumpkins Galore:** 

Friday, October 11 at 9 a.m.

Located in Loveville at 40454 Bishop Road off Route 247 (Loveville Road).

To request a detailed schedule of auctions, write to: Loveville Produce Auction, 25655, Lone Spruce Lane, Mechanicsville, MD 20659.



### Southern Maryland Regional Farmers' Market (Cheltenham Market)

Auction for wholesale customers: horticulture. produce and hay/straw. Packaging supplies available for sale.

**Horticulture:** Spring (mid April – early June):

Wednesday, 2 p.m., Saturday, 10 a.m.

**Produce:** Summer/Fall (mid June – late October):

Monday and Thursday, 7 p.m. Hay/Straw: Winter (November – April): 1st and 3rd

Saturday of month at noon. Located at 11701 Crain Hwy (Route 301), Chelten-

ham, MD 20623.

Contact: Kris Williams 800-533-FARM (3276) (301) 372-1066

smrfm@yahoo.com, www.smrfm.webs.com

# Jami Farmers' Markets!

## **Regional Markets**

#### MARYLAND

#### **Annapolis FRESHFARM Market**

Late April – Late November: Sunday, 8:30 a.m. – noon. Located at the Donner parking lot, at the harbor in downtown Annapolis.

Contact: FRESHFARM Markets (202) 362-8889

annapolis@freshfarmmarkets.org www.freshfarmmarkets.org

FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted

#### **Crossroads Farmers' Market**

June - November: Wednesday, 11 a.m. – 3 p.m. Located at 7676 New Hampshire Avenue in Takoma Park.

Contact: Allison Milching (410) 984-7717

crossroadsmarket@gmail.com

www.crossroadscommunityfoodnetwork.org
FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted
Bonus dollars available for FMNP, FVC and SNAP while funds
last

# Downtown Silver Spring FRESHFARM Market

April – December: Saturday, 9 a.m. – 1 p.m. January – March: Saturday, 10 a.m. – 1 p.m. Located on Ellsworth Drive between Fenton and and Georgia Avenue.

Contact: FRESHFARM Markets (202) 362-8889 silverspring@freshfarmmarkets.org www.freshfarmmarkets.org FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted,

and DC WIC and SFMNP accepted

#### Main Street Farmers and Artists Market

**Early May – Mid November:** Saturdays, 10 a.m. – 2 p.m. Located at 301 Main Street, at the corner of Main and Hart Streets. **Early May – Mid November:** Thursdays, 1 p.m. – 6 p.m. Located at the Corner of Route 355 and Fulks Corner Avenue.

Contact: Kristen Hux (301) 258-6350

khux@gaithersburgmd.gov www.gaithersburgmd.gov FMNP checks (WIC & Senior) and FVC accepted

#### **Olney Farmers' Market**

**Early May – Early November:** Sunday, 9 a.m. – 1 p.m. Located on the grounds in front of the Medstar Montgomery General Hospital thrift shop along Route 108 and Prince Philip Drive.

Contact: Janet Terry (202) 257-5326

jterry@wusa9.com www.olneyfarmersmarket.org

FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted

#### **Takoma Park Farmers' Market**

**Year Round:** Sunday, 10 a.m. – 2 p.m. Located in Old Town Takoma Park on Laurel Avenue, between Carroll and Eastern Avenue.

**Contact: Laura Barclay** 

tpfarmersmarket@gmail.com www.takomaparkmarket.com FMNP checks (WIC & Senior), FVC and EBT/SNAP accepted

#### **VIRGINIA**

#### Arlington Courthouse Farmers' Market

Year Round: January – March, Saturday, 9 a.m. – noon; April – December, 8 a.m. – noon. Located adjacent to the Arlington County Courthouse Parking Lot, at the intersection of N. Courthouse Road and N. 14th Street.

Contact: Kimberly Haun (703) 228-6426

khaun@arlingtonva.us www.arlingtonfarmersmarket.com

#### **Falls Church Farmers' Market**

January – March: Saturday, 9 a.m. – noon. April – December: Saturday, 8 a.m. – noon. Located at City Hall Parking Lot 300, Park Avenue, Falls Church.

Contact: Howard Herman (703) 248-5027 hherman@fallschurchva.gov

#### **WASHINGTON, DC**

#### **Chevy Chase Farmers' Market**

**Year Round:** Saturday, 9 a.m. – 1 p.m. Located at Lafayette Elementary School on the corner of Broad Branch and Northampton St., NW.

Manager: Clarissa Mathews (304) 876-5677

cmathews@shepherd.edu www.chevychasefarmersmarket.org FMNP checks (WIC & Senior) and FVC accepted



At these regional markets,look for the So. Maryland, So Good logo for genuine Southern Maryland farm products!



# **Southern Maryland Meats...** *fresh from the farm!*

In 2011, SMADC, together with meat producers in the five Southern Maryland counties, created the Southern Maryland Meats brand in response to the growing demand for quality meats that are produced locally in conditions that are safe, humane and environmentally responsible. Producers must meet stringent standards concerning raising, finishing and labeling. Look for truly farm-raised Southern Maryland Meats (lamb, pork, beef, goat and poultry) at a variety of venues, from on-farm sites to farmers' markets and more typical retail outlets. Find out more at **www.southernmarylandmeats.com**.

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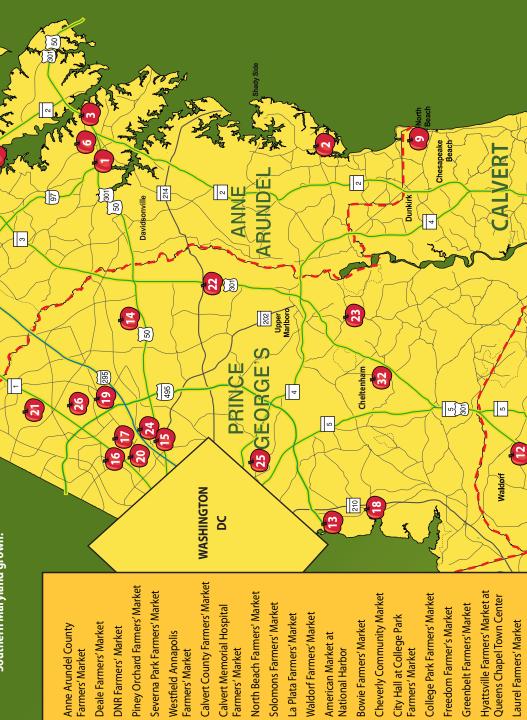
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# Local isn't always local

from farm to plate is 1,500 miles. Buy truly local and The So. Maryland, So Good logo assures that The average distance that your food travels you can get your food faster and fresher. Southern Maryland grown. your purchase is really

-armers' Market



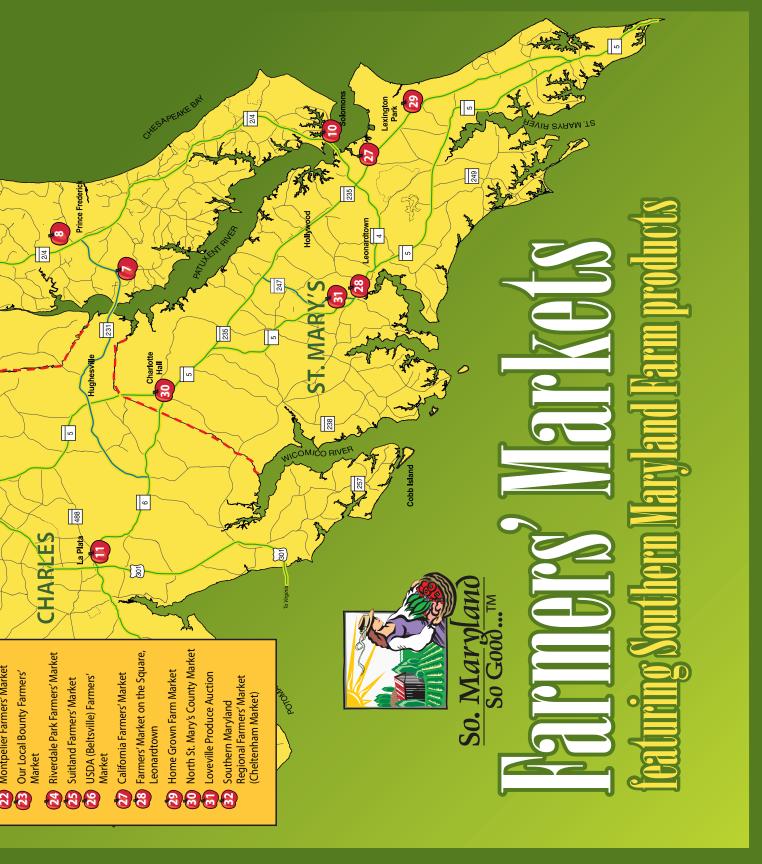
Farmers' Market

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National Harbor



# Hervest Guide

by month

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# what's in season?

There is nothing more delicious than fresh food at its peak! Use this chart to find Southern Maryland farm products year round.

#### SUPPORT YOUR LOCAL FARMS

Supporting farms promotes fresher air, cleaner water, healthier families, stronger economies, safer food and a greener planet.

Visit www.somarylandsogood.com for information on how to support local farms, including a searchable database of area markets and farms.



## TAKE THE BUY LOCAL CHALLENGE!

Pledge to eat at least one thing from a local farm every day during Buy Local Week (last full week in July)!

Visit www.buy-local-challenge.com to find out more.

